

# ***Bollywood Dance Fitness***



*Shimmy, shake and have fun with this dance workout! Our Bollywood Workout is a Bollywood-inspired dance-fitness program combines dynamic choreography and workouts with upbeat music. This program is for everybody who loves music and like to groove! The instructor, Shalini Rajamani, with 18 years of teaching experience in addition to being a speaker, mentor and wellness coach.*

**For: Raritan Residents ages 18 and over**

**Dates: Tuesdays, July 18,25, Aug 1,8,15,2017**

**Time:10-10.45am**

**Location: Community Room in Municipal Building**

**Cost: \$50, payable to "Rajamani Yoga"**

Registration is limited and on a first come, first serve basis at the Raritan Municipal Building. You may bring your registration in person to the Recreation office at 22 1<sup>st</sup> street Raritan, NJ 08869, or mail in your completed signed form and check.

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**Bollywood 2017**

Last Name

First Name

DOB

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Address

Cell/Home Phone

Email

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